

## About GSML Ministry

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**God, Sex and the Meaning of Life Ministry**, (GSML Ministry) was formed in 2006. Our ministry has presented over thirty Workshops on the *Theology of the Body* in many Parishes in the Toronto and Hamilton Archdioceses. As well, in the fall of 2009, we organized a Conference attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance.

We have held over eight *Theology of the Body for Teens* workshops and have been invited into many high schools to provide a session on the *Theology of the Body in the Classroom*. We have also held workshops for Parents.

God, Sex and the Meaning of Life Ministry is approved by The Archdiocese of Toronto.



Toronto's Cardinal Thomas Collins stated "... people [need] to study the teachings of John Paul II in the *Theology of the Body*.... it's very important to popularize that, where the intense writings of the Holy Father are made more accessible to everybody." ~ from *The Interim*

God, Sex and the Meaning of  
Life Ministry

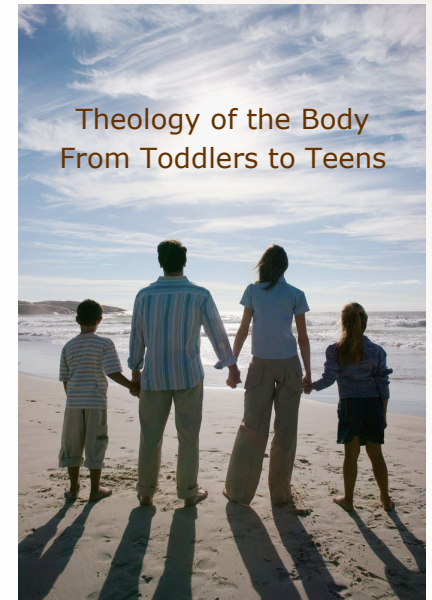
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## Guiding Your Child Through the Sexual Minefield

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GOD, SEX AND THE MEANING OF LIFE  
MINISTRY

*Theology of the Body*

## Parent Workshop

Guiding Your Child Through the Sexual Minefield is a workshop, based on John Paul II writings, on how to counteract the false messages about love and sex in our culture. This is for parents, grandparents, teachers and all who work with children.

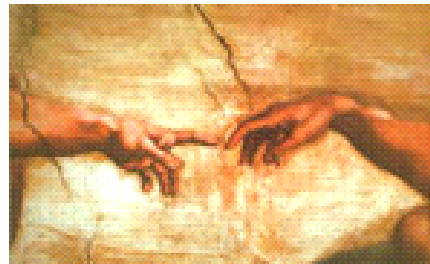
### **Topics Include:**

- Setting the Stage
- Years of Innocence & Pre-Adolescence
- Years of Adolescence
- Successful Dating

"Parents are the first and most important educators of their own children, and they also possess a fundamental competence in this area: they are educators because they are parents...by giving life parents share in God's creative work; it is also true that by raising their children they become sharers in his paternal and at the same time maternal way of teaching." (John Paul II, *Familiaris Consortio*, 1981, #17)

## Comments:

- "I learned so much from the DVD presentation. The round table discussions and questions (very helpful)".
- "Volume of new information. New view of the topics discussed. Clear definition of chastity and how it relates to God."
- "We got a lot of practical ideas to teach our children in first communion and holy child programs."
- "Really good and very important because we need a lot of education in this field."
- "How to talk to my grandchildren and daughters. The discussions – learning from each other."
- "Great Workshop. Very good and practical points for different ages."



## About the Workshop

- Suitable for either a Full Day or a 2.5 hour workshop
- Workshops are led by trained facilitators
- Facilitator-led small discussion groups
- Use of Katrina Zeno's DVD talks and other resources\*
- Can serve as Lenten Retreat
- Offered at a nominal charge
- Books and resources are offered for purchase by participants

**\*Katrina Zeno** is a well-published freelance writer, and her articles can be found in *Our Sunday Visitor*, *CRISIS* magazine, *Catholic Faith and Family*, *Pentecost Today*, and *Franciscan Way*, as well as on-line at *Christianity.com*. She has spoken in the US, Canada, England, and Trinidad at parishes, retreat centers, and national conferences, is co-foundress of "Women of the Third Millennium", and she specializes in the Theology of the Body.