

About NFPA

The Natural Family Planning Association is a charitable organization promoting and teaching the Billings Ovulation Method™ of natural fertility regulation throughout the Greater Toronto Area.

The Natural Family Planning Association, in Toronto, is an affiliate of the provincial organization Natural Family Planning Association - Ontario whose head office is in Kingston, Ontario.

About GSML Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese.

We have also held over twenty Theology of the Body for Teens workshops.



Natural Family Planning Association



Natural Family Planning Association

416-481-5465

toronto.naturalfamilyplanning.ca

God, Sex and the Meaning of Life Ministry

godsexandthemeaningoflife.com

Susan & Tom Kennedy - 905-427-6137

Jan Noonan - 905-420-8696
Rose Heron - 905-683-9055

E-mail: gsmlministry@gmail.com

Girl Talk



For mothers and their Daughters

NATURAL FAMILY PLANNING TORONTO
&
GOD, SEX AND THE MEANING OF LIFE
MINISTRY

Theology of the Body



Girl Talk

Our goal is to provide information on the fundamentals of young girls' cycles in the presence of their mothers; to facilitate mother-daughter communication in this delicate area; to support parents in their task of educating their daughters in Christian sexuality.

The presentation includes some video clips and activities, along with handouts for further information. One of the books recommended was "How to Find Your Soul Mate Without Losing Your Soul" by Jason & Crystalina Evert. It was recommended that moms read first and share with their daughters when appropriate. When some of the participants were asked if the workshop was helpful, the answer was a resounding yes. Thanks for all who came out to learn more about being a girl in today's society!

Comments:

"In my opinion Girl Talk was a great experience. I got to learn lots and meet new girls. The food was great but the interactive activities were epic. I'm glad I attended!! "

"I thought that it was an amazing way for me and my mom to spend some time together because we are always running around. So it was an amazing time."

"It was really interesting. I felt like I could be myself and talk freely with the girls and moms, I even got to see some of my friends from other schools. I learned a lot of things to help me later in life and there were a lot of funny moments too!"



Mother and Daughter Workshop

- For girls in Grades 6 to 8 and their Mom's (or guardian, aunt, mentor....)
- Three hour program
- Cost: 5.00 (covers cost of food and drinks)

Join us for a faith-filled look at what it means to be a girl in today's society.



Middle school students are in an often confusing time of quest and discovery, especially with issues concerning their bodies, their sexuality, and their future. There are countless sources—from the media, to peers, to the Internet—ready to provide answers." From Theology of the Body Middle School Edition
