

If you received this twice, please accept our apologies. If the Newsletter does not appear as it should please go to our Website at <http://www.godsexandthmeaningoflife.com/Newsletters.html> - click on Volume 27 - to view the document. If you would prefer to receive this email as a PDF attachment please let us know.



# God, Sex and the Meaning of Life

SEPT 2012

VOLUME 27

**Note:** Email [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

**Don't forget to join our Theology of the Body Study Group:**

Every Monday morning from (9:30 - 11:30) at St. Bernadette's Parish Hall, 21 Bayly St.

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*Pope Benedict XVI proclaims the Year of Faith, which will begin on October 11, 2012, and continue through November 24, 2013.*



*A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.*

Contact:  
[gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

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## **Book a Theology of the Body Workshop for the Year of Faith**

It is of particular interest during the upcoming **Year of Faith**. This would be a necessary component according to a recent document from the CCC, "For this new generation of apostles to come forward, we need to focus on three main elements: (1) our baptismal call, (2) the laity's role, and (3) the **"theology of the body"**." - *Elements Of A National Pastoral Initiative For Life And The Family (Oct. 2011)*

### **GSML Workshops:**

#### **Book your workshop now for the fall or next year:**

- Theology of the Body for Teens - ([Pamphlet](#))
- Confirmation and Theology of the Body - ([Pamphlet](#))
- Theology of the Body for Gr. 7 & 8 - ([Pamphlet](#))
- Theology of the Body for Parents - ([Pamphlet](#))
- Theology of the Body for Adults - ([Pamphlet](#))

We also offer training on facilitating the Theology of the Body and other workshops.

### **About our Workshops**

- Workshops are led by trained facilitators
- Facilitator-led small discussion groups
- Use of DVD and other resources
- Multi-Session workshops can be full day, half days, or weekly for several weeks
- Can serve as Lenten Retreat
- Offered Free of charge
- Books and resources are offered for purchase by participants
- We invite facilitator trainees to participate

**Note:** We can adjust and adapt various workshops to suit a group or parish needs or interests. 98% of participation feedback is very positive, with many people commenting on the small group discussions, finding them to be a very important part of the workshop.

If your parish or group would like to book a Theology of the Body Workshop contact [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) or [click here](#) to find out more about GSML Workshops



## GSML News

### *Theology of the Body Study Group*

Every Monday morning at St. Bernadette's Parish Hall, 21 Bayly St. E, Ajax from 9:30 am to 11:30 am. We stopped for the summer and will start again on Sept. 10.

We are studying *The Body Reveals God* by Katrina J. Zeno

Everyone welcome.

### *Light Weigh*

Light Weigh will be starting on September 11, 2012 at 9:30 a.m. at 21 Bayly St. E, Ajax St. Bernadette's Parish hall. If you are interested in joining us, please contact [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)



This is a good opportunity to learn more about the Theology of the Body.

Chastity is learning how to love one another properly, and doing away with being selfish.

It is a virtue that helps us to use our bodies to express love in purity and truthfulness. Chastity helps us remember who we are



Book your Confirmation Class retreat soon.

Contact:  
[gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

## Theology of the Body and Confirmation



This Workshop combines the teachings of Pope John Paul II on the "language of the body" in his Theology of The Body, with the Catholic Church's teachings on confirmation. The goal of the workshop for those approaching confirmation is to reinforce the teaching on the Gifts of The Holy Spirit and the good that comes from them, and how we act them out in the language of our bodies to live a life of chastity.

We hope the youth will take this workshop to heart, as the benefits are enormous. Modesty, dignity, reduced chance of pregnancy, less chance of abortion- in other words, all of the good things a parent would want for their children.

### *Objectives:*

"Educating children for chastity strives to achieve three objectives;  
a to maintain in the family a positive atmosphere of love, virtue and respect for the gifts of God, in particular the gift of life;  
b to help children to understand the value of sexuality and chastity in stages, sustaining their growth through enlightening word, example and prayer;

c to help them understand and discover their own vocation to marriage or to consecrated virginity for the sake of the Kingdom of Heaven in harmony with and respecting their attitudes and inclinations and the gifts of the Spirit.”

~ The Truth and Meaning of Human Sexuality: Guidelines for Education within the family

### **Workshop format:**

- Begin with a Bible reading followed by a prayer
- PowerPoint presentation that links Confirmation to the Theology of the Body
- Several key activities that teach by doing
- Discussion and application on “How to be a Gift”.
- Reflection on both good and bad habits and how to practice the good
- Virtue Project - (a Life’s Works Project) to encourage development of Positive Virtues
- Create Virtue Beads (Full Day Retreat only - in shorter workshops the student will receive their own set of Virtue Beads)
- Led by trained Facilitators

To view the ToB and Confirmation Pamphlet [click here](#)

- Who am I?
- Are there consequences to my actions?
- What is the difference between love and lust?
- How do I balance family, friends, school, God, music, TV, Internet, texting, etc., in my daily life?
- How can I discern my vocation to marriage, priesthood, or religious life?
- How do I deal with bullying, gossip,

## **Theology of the Body for Grades 7 & 8**

### Discovering God’s Plan for Love and Life

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*Theology of the Body for grade 7 & 8* answers the questions students may have about sexual morality, relationships, and how they were uniquely created for greatness. This program uses a dynamic mix of stories, real-life examples, activities, prayers, and relevant references to the culture, all packed into eight life-changing lessons.

#### **Chapters:**

1. Who Am I? Discovering My True Identity
2. Our Story: God’s Plan, Human Sin, Jesus’ Love
3. Me, Myself, and I: Body and Soul
4. How Should I act?
5. Sex, Love, Chastity
6. To Use or Not to Use? That is the Question: The Opposite of Love

peer pressure,  
pornography,  
divorce, etc?

- Can I live my Catholic faith no matter how I messed up in the past?

7. Vocation: God's Call, My Response
8. Hope & Future: Daily Living Out the Language of the Body

**This program augments the Grade 7 and 8 Fully Alive Program.**

Contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to arrange this program.

To view the pamphlet [click here](#)

### Of interest for Parent Council groups

*"The world offers you comfort, but you were not made for comfort; you were made for greatness." ~ Pope Benedict XVI*

## Guiding Your Child Through the Sexual Minefield

Guiding Your Child Through the Sexual Minefield is a workshop, based on John Paul II writings, on how to counteract the false messages about love and sex in our culture. This is for parents, grandparents, teachers and all who work with children.

### **Topics Include:**

- Setting the Stage
- Years of Innocence & Pre-Adolescence
- Years of Adolescence
- Successful Dating

### About the Workshop

- Suitable for either a Full Day or a 2.5 hour workshop
- Workshops are led by trained facilitators
- Facilitator-led small discussion groups
- Use of Katrina Zeno's DVD talks and other resources
- Can serve as Lenten Retreat
- Offered at a nominal charge
- Books and resources are offered for purchase by participants

To view the Pamphlet [click here](#)

Our New Theology of the Body Prayer Cards.

## New Theology of the Body Prayer Cards



### Theology of the Body Prayer

Heavenly Father in your goodness you gave us The Theology of the Body through your faithful servant Pope John Paul II

We are called to reflect upon the goodness of you creating us in your image and likeness as male and female, and we ask you to help us better understand the great mystery revealed to us in the "one flesh union".

Through our bodies, grant us the grace to share your gift of life with others, and to return your gift to you for your glory and our salvation. We ask this according to Your holy will, in the name of your Son, our Lord, Jesus Christ!

Amen.

## New Pamphlets about our Workshops

We have developed a series of pamphlets that give more information about our workshops. They can be viewed and downloaded at:

<http://www.godsexandthemeaningoflife.com/WorkshopPamphlets.html>

[Campaign Life Coalition](#)

[LifeSites](#)

[Euthanasia Prevention Coalition](#)

## CLC Pro-Life Forum

**Inform - Inspire - Activate - Saturday Sept. 22, 2012**

**Mass - 9:00 am**

**Registration/Breakfast - 9:30 am**

**Forum 10:00 am - 4:00 pm**

St. Bernadette's Parish Hall  
21 Bayly St. E., Ajax

Featuring:

**Jack Fonseca**, Campaign Life Catholics Spokesperson

**John Jalsevac**, LifeSites Editor

**Jim Hughes**, National President, Campaign Life Coalition

**Alissa Golob**, Youth Coordinator, Campaign Life Coalition

**Jeff Gunnarson**, Project Manager, Campaign Life Coalition

**Alex Schadenberg**, Executive Director, Euthanasia Prevention Coalition

Adults: \$25

Students \$15

Includes breakfast, lunch & breaks)

For more information contact 416-204-9749 or 1- 800-730-5358

Email: [clc@campaignlifecoalition.com](mailto:clc@campaignlifecoalition.com)

**Scott Hahn is coming to Toronto**



For information on Scott Hahn [Click here](#)

## FYI - Catholic Chapter House



Will be bringing Scott Hahn to Toronto on Oct. 20.

Featuring Guest Speaker **Dr. Scott Hahn!** Musical guest Kathleen Dunn and MC Damian Goddard!

The event's theme is "The New Evangelization: Equipping Yourself To

Engage The Culture?”. **Dr. Scott Hahn** will be doing **3 talks**.

**Location:** Canada Christian College, 50 Gervais Drive, Toronto (Don Mills & Eglinton)

**Date:** Saturday October 20, 2012

**Schedule:** **Doors Open** 9:00am, **Event:** 9:30am – 4:30pm

For tickets go to [www.catholicchapterhouse.com/](http://www.catholicchapterhouse.com/)

*Catholic Chapter House seeks to serve Catholics who wish to gain a deeper understanding of their faith, live their lives according to the teachings of the Catholic Church and share their faith with others by making Catholic publications, resources and faith sharing more accessible both online and offline.*

Catholic Chapter House recently brought Michael Voris to Toronto. We are looking forward to their next endeavour.

Marcel's blog

<http://www.marysaggiess.blogspot.ca/>

## Theology of the Body Talk

Marcel Lejeune is coming to Toronto to give a talk at UofT Newman House on Wednesday, Oct. 10.

For more information go to [www.newmantoronto.com/](http://www.newmantoronto.com/)

*Marcel LeJeune is a national speaker who is known for his passion, wisdom, and his ability to hold an audience's attention, while challenging them to go deeper with Christ and His Church.*

*He is the author of Set Free to Love: Lives Changed by the Theology of the Body (Servant Books – September 2010) and he is a contributor to two other books. Marcel's articles have been published in many national Catholic magazines, newspapers, and websites. He is a regular guest on EWTN radio and Relevant Radio. He has also been featured on EWTN Television. He blogs at [Aggie Catholics blog](http://www.aggiecatholics.com/), one of the most popular Catholic blogs in the country.*

*Marcel is blessed to be the Assistant Director of Campus Ministry at St. Mary's Catholic Center at Texas A&M University since 2006, the largest campus ministry in the country. He oversees the ministry team and all of the daily operation of the ministries and programs. Previously he was the Director of Campus Ministry at St. Elizabeth's University Parish at Texas Tech University.*

<http://www.thecatholicsevangelist.com/>

Three great events

## Familia Toronto

### *Spa for the Women's Soul*

Saturday, September 29<sup>th</sup>, with special guest speaker, Dorothy Pilarski  
Holy Rosary Parish Hall , 139 Martin Street, Milton ON L9T 2R3

## ***Spiritual Retreat for Women -***

### **He Loved Me First**

October 19—21,  
2012

Queen of the  
Apostles  
Renewal Centre  
1617 Blythe Road  
Mississauga ON L5H  
2C3

Contact: Maria  
Guiducci  
Phone: (905) 330-  
4117  
E-mail:  
[mfilice@acn.net](mailto:mfilice@acn.net)

- Dorothy Pilarski will be speaking on: [Being a Dynamic Woman of Faith](#)
- In this engaging talk you will learn what it means to be a dynamic woman of faith. Discover concrete tools and strategies to help you grow spiritually and find out what might be holding you back.
  
- Fr. Todd Arsenault, LC will speak on: [Growing in Holiness in Our Marriage](#)

For more information contact: Daniela Dalla Via (905) 451-5712  
[pdalla.via@sympatico.ca](mailto:pdalla.via@sympatico.ca)

Tima Borges (647) 227-0682 [borgest@acn.net](mailto:borgest@acn.net)

Registration fee \$30.00

Send registration by September 21, 2012 to: Angela Lecanda, 5296 Forestwalk Circle,

Mississauga ON L4Z 4A1 or e-mail: [calecanda@rogers.com](mailto:calecanda@rogers.com)

### ***Evening of Reflection***

The Power of Prayer with Fr. Kenneth Leblanc, LC

September 19, 2012, November 14, 2012 & December 19, 2012

Time: 7:00 p.m.

St. Andrew's Church, 47 Reynolds Street, Oakville ON L6J 3J9

Contact: Tima Borges  
Phone: 647-227-0682  
E-mail: [borgest@acn.net](mailto:borgest@acn.net)



## **Theology of the Body Institute**

**October 7-12, 2012**

Theology of the Body I: Head and Heart Immersion Course  
with Christopher West  
Quarryville, Pennsylvania

***Early Registration Deadline: August 30, 2012***

***Registration Deadline: September 26, 2012***

[Register Online](#)



## An online study on John Paul II's teachings

### What is Theology of the Body?

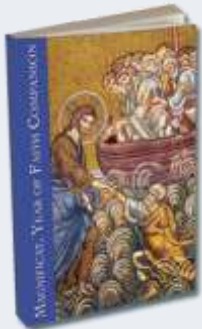
#### Theology of the Body Evangelization Team (TOBET)

Coming soon: Two new courses on the Theology of the Body, Pope John Paul II's teaching on the truth and meaning of human sexuality.

**TOB in Touch for Adults** is a dynamic, online foundational course that helps adults to engage young people in the beautiful teachings of our Church, especially the theology of human sexuality.

**TOB in Touch for Educators** builds on the foundation of the first course, with a deeper, systematic presentation of the Theology of the Body. Educators are challenged in their own understanding and are given tools to reach teens in an effective, sensitive, and sacred manner. After completing these courses, participants will be able to say, "I understand the poignant message and the overall structure of Blessed John Paul's Theology of the Body, and I'm equipped to spread it!"

<http://www.mycatholicfaithdelivered.com/home.aspx?pagename=TOBET>



Suggested retail price of \$6.95 for 1 – 4 copies

#### To Order:

#### Visit:

[www.magnificat.com](http://www.magnificat.com)

#### E-Mail:

[bookstore@magnificat.com](mailto:bookstore@magnificat.com)

Call: 970-416-6670

Mail: MAGNIFICAT-

## The Essential Guide for Observing the Church's Year of Faith

### [The MAGNIFICAT Year of Faith Companion](#)

A Unique, Page-A-Day Booklet to Strengthen Your Life of Faith

Pope Benedict XVI has proclaimed a **Year of Faith from October 11, 2012, to November 24, 2013**. The Holy Father describes this Year as a "summons to an authentic and renewed conversion to the Lord."

Written by award-winning authors you've come to know and love in MAGNIFICAT, this must-have *Companion* provides a certain special "something" **for each day of the Year of Faith**, including:

- Profiles of **holy men and women** of the Bible
- Penetrating reflections on **Sacred Scripture**
- Insightful explanations on the **Catechism**
- **Devotions** geared to deepening faith
- **Essays** on key aspects of the Faith
- **Meditations** from saints and spiritual masters

BCR,  
1331 Red Cedar  
Circle,  
Fort Collins, CO,  
80524  
U.S.A.

\* For orders of 500 or  
more copies.

- **Prayers** both ancient and modern
- **Original poetry** capturing the beauty of faith

"Rediscover the joy of believing."  
—Pope Benedict XVI

You will want to keep this indispensable little book close at hand on your journey through the Year of Faith.

- An ideal resource for families, parishes, schools, prayer and Bible study groups, and participants in the RCIA process
- Perfect for the New Evangelization and for faith-sharing
- Generous discounts for bulk orders

May this *Companion* help you live this Year of Faith to the full—with what Pope Benedict calls the "joy and renewed enthusiasm of the encounter with Christ."

[View Sample Pages](#)

Price: As low as US \$1.95\* per copy!

Softcover — 488 pages — 4.5 x 6.75 inches

Orders will be shipped in late September,  
in time for the Year of Faith.



FREE Online Crash  
Course in the Catholic  
Faith

<http://pillarsofcatholicism.com/>

They are also on

## Pillars of Catholicism

John Paul the Great Catholic University is offering a **FREE** online crash course in the Catholic Faith. In the span of just 13 weeks - one session per week - you'll get lessons on:

- Jesus and Apostolic Succession
- Natural Philosophy
- Proof for God's Existence
- Philosophical Anthropology
- Creation-Redemption
- Revelation
- The Trinity
- Church - Family of God - Mystical Body of Christ
- Sacraments - Marriage
- Eucharist
- Moral Issues
- Sins - Confession
- Prayer

From the site:

FaceBook at

<http://www.facebook.com/Pillarsofcatholicism>

**All professors have been granted the mandatum by Robert Brom, bishop of San Diego as an ecclesial recognition of their posture and commitment to teach always in communion with the Church, so you can be sure everything is orthodox.**

The content is designed to maximize the learning experience. In addition to the half-hour long videos, you'll have access to: Lecture Notes, Readings, Study Guides, and Quizzes.

**Campaign Life**  
Coalition



## Ontario legislature quietly passes radical 'bathroom bill'

Unbeknown to most Ontarians, on Wednesday June 13, 2012 Ontario's legislature passed Bill 33, a radical piece of legislation which has been dubbed the "bathroom bill" by pro-family critics because included amongst other far-reaching implications, is the fact that it will grant men who claim to be "transgendered" or "transsexual", the right to use women's bathrooms, locker rooms and other single-sex facilities. This puts women and young girls at greater risk because male sexual predators will use the new law to pretend they are 'transgendered', cross-dressers, or what have you, so they can get into female facilities without arousing suspicion.

<http://www.campaignlifecoalition.com/index.php?p=Hot+News&id=72>

**Catholic Directions is offering an Online Catholic Book Club**

## Catholic Book Club Online

Beginning September 4: [Journal of a Soul](#) by Pope john XXIII (approx. 12 weeks)

What is the Upcoming Schedule?

The long term schedule is tentative and subject to change, but following is a list of books we plan to cover over the next several months:

- [Journal of a Soul](#) by Pope john XXIII
- [Navigating the Interior Life – Spiritual Direction and the Journey to God](#) by Dan Burke
- [Way of Perfection](#) by St. Teresa of Avila
- [12 Steps to Holiness and Salvation](#) by St. Alphonsus Liguori

Book Club Information Page: <http://rcspiritualdirection.com/blog/csd-book-club>

To learn more about Catholic Spiritual Direction [Click Here](#)

*The purpose of this site and related resources is to serve you in your journey to*

*and with God. If you are like many Catholics who desire a deeper relationship with Christ and His church, you have probably discovered that the paths to pursuing that relationship are not always clearly illuminated. Thus this humble effort. Our desire is bring greater light to His path and to serve you in your search for greater depth in Him*

## **The Theology of the Body and Concupiscence**

By Cormac Burke

### **I. "REMEDY OF CONCUPISCENCE" IN TRADITION**

Since 1983 the Church's magisterium has expressed the ends of marriage as two: procreation, and the good of the spouses. Much has been written about this, especially as to the omission of the former, hierarchical concept: primary and secondary ends. My own analysis is that the Church, rather than any hierarchy of ends, now wishes to emphasise their intimate connection and interdependence, especially so as to help overcome the modern mindset that marriage can be truly fruitful and "fulfilling" independently of the children who may be born of and nourish any genuine conjugal love. Here I wish simply to draw conclusions from the apparent disappearance of the former two "secondary ends", the mutuum adiutorium and the remedium concupiscentiae.

To Read more go to":

<http://www.faith.org.uk/Publications/Magazines/Mar12/Mar12CompleteMagazine.pdf>

## **Recommended Reading**

### ***Three to Get Married***

by Fulton J. Sheen, Ph.D., D.D. -.

"If sex does not mount to heaven, it descends into hell. There is no such thing as giving the body without giving the soul. Those who think they can be faithful in soul to one another, but unfaithful in body, forget that the two are inseparable."

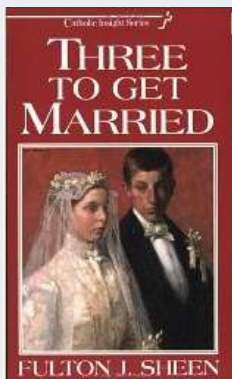
This book is amazing! It is similar in thought to the "Theology of the Body" and "Love and Responsibility" by Pope John Paul 2, yet more personable and easier to understand. Fulton Sheen is an incredible author! Every sentence in the book is so thought-provoking it should be a famous quote!

The book delves deep (yes, this book IS deep! You could get something new from it every time you read it) into the mystery of love, explaining the fundamental importance of why love HAS to be triune, composed of the lover, the beloved, and LOVE (God Himself) to be successful. It is always comparing this with marriage and nuptial love, and examining this sacrament more thoroughly. Its focus is on the theology of love, so be sure and supplement it with other books dealing more with the practical issues of Christian marriage and sexuality, such as Christopher West's new book, "Good News About Sex and Marriage".

This is a must read! Keep a pencil handy for underlining quotes! - *By A Customer - Published on Amazon.com*

The whole text can be found at:

<http://www.ewtn.com/library/MARRIAGE/3GETMARR.TXT>



"Love is not merely a feeling, it is an act of the will that consists of preferring, in a constant manner, the good of others to the good of oneself." - John Paul II

## Peter's Points to Ponder

The Holy Father, Pope Benedict XVI has declared that a "Year of Faith" will run from October 11, 2012 – November 24, 2013. The "Year of Faith" is meant to celebrate the 50<sup>th</sup> anniversary of the opening of Second Vatican Council, and the 20<sup>th</sup> anniversary of the Catechism of the Catholic Church.

The US Conference of Catholic Bishops have stated that the "The upcoming Year of Faith is an opportunity for every Catholic to turn towards Jesus Christ, encounter him in the Sacraments, especially the Eucharist and rediscover the Faith and Church".

In his announcement "Porta Fidei" Pope Benedict XVI writes the "*door of faith is always open*". In saying that the door is always open the Holy Father reminds us that Jesus is always waiting for us, and we must approach the door. Jesus doesn't come and drag us into a relationship with him, he invites us; but ultimately the accepting response is ours to give.

As laity we are called to participate in the New Evangelization, and in order to do this we must be able to communicate the mission of the Church. In order to be effective communicators one must first understand what it is they are called to communicate. Blessed John Paul II's "Theology of the Body" could be one starting point for better understanding the mission of the Church. As George Wiegel says in his book "Witness to Hope", "[Theology of the Body] will compel a dramatic development of thinking about virtually every major theme in the Creed." The Pope's writing have provided what has been missing in many church documents, and that is the richness of the why behind many of the Church's more controversial teachings.

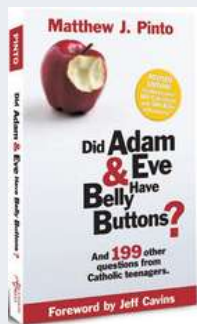
## Donate Catholic Books to Catholic School Libraries

What a good idea!

### Did Adam & Eve Have Belly Buttons? - by [Matthew Pinto](#)

With more than 110,000 copies sold, Did Adam & Eve Have Belly Buttons? is the number one book for Catholic teens. It offers today's young Catholic 200 clear and insightful answers to questions about the Catholic faith. This book captures the attention of teens by directly addressing their concerns, misconceptions, and challenges. The revised edition adds over 500 Bible and 800 Catechism references, and has the Imprimatur.

- The most comprehensive question and answer book on the Catholic Faith that I've ever seen! -- *Mary Beth Bonacci, Author, Real Love*
- This book brings complex Catholic teachings down to a level that teens can understand. -- *Paul Lauer, Publisher, YOU! Magazine*
- This book should be on the bookshelf of every Catholic home and gobbled up by every Youth Group! -- *Bud Macfarlane, Jr., Author, Pierced by a Sword*



*Matthew Pinto is co-founder of the award winning magazine, Envoy and CatholicExchange, an internet portal for Catholics. He is a former youth and young adult minister whose programs have received national acclaim.*

**Basic Teacher Training workshops:**

**Part 1**

October 19 - 21, 2012  
Toronto, Location to be Announced

For more information [click here](#)

**Part 2:**

November 16 - 18, 2012

For information [click here](#)

## **Do's and don'ts of sharing NFP**

By Katie Merando - OSV Newsweekly, 7/22/2012

**Don't** condemn their current or past choices. Our culture embraces contraception as something we are entitled to, a basic right. They may be choosing contraception because they don't know that there is another way.

**Do** let them know they have other options. Most women just don't know about NFP and what they do know about it probably isn't accurate. Correct their misinformation and let them know what the truth is in the most charitable way possible. Don't leave them hanging if they decide to switch to NFP. Making that leap of faith to ditch the pill can be terrifying. Learning a new method, potentially abstaining for a cycle or two, and the anxiety that comes with the "two week wait" can have a major effect on couples. Do check up on them. Check back in with them, let them know you're there to listen and to offer them encouragement.

To read more [Click Here](#)

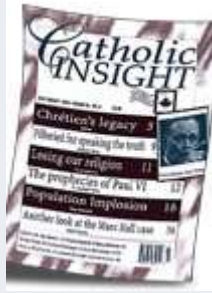
<http://www.osv.com/tabid/7621/itemid/9652/Dos-and-donts-of-sharing-NFP.aspx>

Are you interested in learning the Billings Ovulation Method to understand your

For more information [click here](#)



<http://www.naturalfamilyplanning.ca/toronto/>



## Catholic Insight

Consider subscribing to Catholic Insight, the magazine for Canadians who would like to deepen their knowledge of the Faith and to discover the authentic teachings of the Catholic Church.

To view articles or subscribe go to [www.catholicinsight.com](http://www.catholicinsight.com)

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

## God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held eight Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

**Contact information:** [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

[www.godsexandthemeaningoflife.com/](http://www.godsexandthemeaningoflife.com/)

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

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