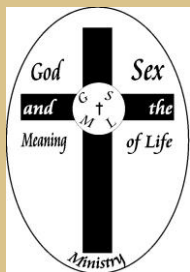


If you received this twice, please accept our apologies. If the Newsletter does not appear as it should please go to our Website at <http://www.godsexandthemeaningoflife.com/Newsletters.html> - click on Volume 39 - to view the document. If you would prefer to receive this email as a PDF attachment please let us know.



God, Sex and the Meaning of Life

SEPT 2014

VOLUME 39

Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from (9:30 - 11:30) at St. Bernadette's Parish Hall, 21 Bayly St. Ajax

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We are now booking into the fall of 2014.

**We have held
over 20
Theology of the
Body for Teens
Workshops**

*A Theology of
the Body
Workshop would
help your parish
or group grow in
the knowledge of
their Faith.*

Contact:

gsmlministry@gmail.com

Let's give our teens an
opportunity to
discover the truths.

Contact: Rose and Pat
Heron at
roseheron@gmail.com
or 905-683-9055

GSML News

Apologetics

We are facilitating the Apologetics at St. Bernadette's Parish in Ajax. Sessions are held the fourth Saturday of the month after the 9 a.m. Mass – start 10:00 a.m.

Sept. 27 **How to Win an Argument Without Losing a Soul.**

This will be a DVD presentation with Matt Fradd. Discussion will follow. This is a perfect topic for Apologetics as it helps guide Catholics in how to defend the Faith.

Oct. 25 **How To Keep Your Kids Catholic**

Keeping children Catholic is not just the responsibility of parents, but also grandparents, uncles, aunts, older brothers, sisters and cousins, and even those outside of the family such as teachers. Many of the things we are going to discuss can only be done by family members, but many can also be done by other non-related Catholics. In a way, it is our responsibility to help raise other people's kids Catholic as well.

For more information [Click Here](#)

Book a Theology of the Body for Teens Workshop for the fall

Teachers: There is still time to book a ToB Workshop for the Fall Semester or the Winter Semester.

We are willing to come into your classroom and help facilitate the Theology of the Body for Teens program. This program normally runs 12 weeks, but we can adapt it to a shorter schedule. Also, there are plenty of opportunities for essays, projects or other necessary student involvement.

It will also provide a valuable experience with the ToB material to see how easily it can be incorporated in the curriculum without a lot of study on your part.

We are very knowledgeable on the ToB for Teens as we have held over 20 Workshops and have been invited into 4 High Schools.

There has been terrific feedback from the Students

The word **apologetics** comes from the Greek word *apologia* found in **1 Peter 3:15** and means "defense." The Bible says that we're to always be ready (thus the name of this ministry) to give a "defense" (an *apologia*) to people who ask us about the hope we have as Christians.

"But sanctify the Lord God in your hearts, and always be ready to give a defence to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15

Understand the Entire Bible

The Bible Timeline: The Story of Salvation

Imagine how our parish would change if all of us had a profound encounter with God in Scripture. The Bible is at the heart of everything we do and believe as Catholics. A good Bible study has a way renewing parish life, and enriching the faith of parishioners.

The Bible Timeline is a fascinating study that takes you on a journey through the entire Bible. You will go deep into each period of salvation history and discover the amazing story woven throughout all of Scripture. Using a unique color-coded system, you will learn the major people, places, and events of the Bible and see how together they form the foundation of our faith.

Join us for *The Bible Timeline* at **St. Bernadette** at 21 Bayly St. E **Ajax** beginning Tuesday Sept 16 from 7pm to 9 pm or Wednesday Sept. 17 from 9:30 am to 11:30 am and continuing **24** weeks. For more information or to register for the study, gsmlministry@gmail.com

Theology of the Body Study Group

The Theology of the Body Study Group will start again on Sept. 8th

Theology of the Body touches all aspects of our Catholic faith and is deeply rooted in the Bible. It is part of the New Evangelization. Drop in and see what it is all about.

ToB Study Group meets every Monday morning at 9:30 am at St. Bernadette at 21 Bayly St. E, Ajax, in the parish hall.

Contact us at gsmlministry@gmail.com

Everyone welcome. Also bring your Catholic Faith questions, as we delve into many topics.

Theology of the Body and Marriage Preparation

Our Facilitators are ready to speak about Theology of the Body at Marriage Preparation programs.

As Pope Benedict XVI said, "The Theology of the Body is a way to find true love."

Let's make use of this wonderful tool to help strengthen marriages.

Contact us to arrange this talk at your parish Marriage Preparation Course.

Contact Rose Heron at: roseheron@gmail.com or 905-683-9055



To better understand JPII's writings we have decided to include summaries of the ToB.

To read the Audience [click here](#)

"We have already seen that, referring to "the beginning" (which we have subjected here to successive contextual analyses), Christ indirectly established the idea of continuity and connection between those two states. This allows us to move back from the threshold of man's historical sinfulness to his original innocence. Genesis 2:25 makes it especially necessary to cross that threshold.."- JP II

Man Becomes The Image Of God By Communion Of Persons

Pope John Paul II

Summary of Audience Eleven - by Tom Kennedy

We are trying to understand the meaning of the unity and indissolubility of marriage by looking at the words of Christ when he referred to what it meant "in the beginning" in Genesis.

To understand original unity, we have to look at man in his entirety - in the riches of creation on which The Theology of The Body is based. This study which started out with man being "alone" must also include the communion of persons.

We recall in Genesis that man said "bone of my bones and flesh of my flesh....", and because of this we understand that "man's" understanding of himself encompassed both the masculine and feminine as though there were two unions of the Divine and humanity, and both unions experienced the same supernatural solitude. In effect, there are two ways of being a body as well as a "man", both of which completed each other - two levels of existence which depend on each other and complete each other, as well as two ways of being aware of the meaning of the body.

Genesis 2:23 shows that femininity discovers its meaning in the presence of masculinity, while masculinity discovers itself and is made worthy through femininity. The sexual act, which is an essential part of the person and not just a characteristic, shows us that man is a unique, never to be repeated, creation, which is established by the body as "he" or "she". The presence of masculinity and femininity alongside each other, and together with each other, shows the richness of man throughout history as well as salvation history.

Although the "unity" in Genesis is expressed in the marital act, the Bible tells us that sex, masculinity and femininity are basic characteristics of man both male and female, which allows them to become one flesh, and to submit their humanity to the blessing of fertility. Yet, this whole process doesn't stop at the surface of our sexuality. We have to examine the body and sex in the full understanding of man and the "communion of persons". We have to see it in light of the revelation of the body from the beginning.

"A man cleaves to his wife" and "they become one flesh" remind us that when man and woman join together in the conjugal act as "one flesh", they are bound together in the mystery of creation. This means reliving

the original value of man which emerges from the mystery of solitude before God. Becoming "one flesh" is a bond created by God through which we discover our own humanity in original unity and the duality of mutual attraction.

Sex is not just a basic human instinct. The mutual expression of sex surpasses the original solitude of the body, and recognizes the body of the second person (the second "self") as one's own.

All of this is tied together with choice. Genesis tells us men and women were created for unity, but it also indicates that, through the unity they become one flesh, and, right from the beginning, it was a union of choice. A man "leaves his father and mother and cleaves to his wife" which shows that a man, by nature, belongs to his parents, but cleaves to his wife by choice, as does the woman.

As we are created in the image of God, in so far as we form a true communion of persons, Christ appeals to the text in Genesis, and shows us that this is the model for the communion of persons, and that it not only applies in the beginning, but for all time.

It is through the two-fold solitude that we see man's self-determination, in other words the ability to choose, which is based on his self-consciousness. Through being a body, and that body being also male or female, mankind unites so closely as to become one flesh, and through that unity, man becomes aware of the meaning of the body through mutual self-giving of the persons. Genesis reveals that each union of man and woman shows us the original full meaning of the body, and, in a way, renews the mystery of creation. Woman was taken out of man, becomes wife, and through becoming a mother she becomes mother of the living. Procreation is rooted in creation, and reproduces its mystery.

Men welcome too!

Topics Include:

- Is Biology "Destiny"?
- Women & Nature
- Why an All-Male Priesthood
- Rape Culture
- What Women Really Want?
- So much more

Theology of the Body & Women

Why is John Paul II's life-changing teaching, "The Theology of the Body" good for women in particular?

Saturday, Sep 20 (10:00-5:00)

At Pauline Books & Media

3022 Dufferin St. (near Lawrence West subway)

416-781-9131

Cost \$10.00 – refreshments provided. Bring your own lunch

Presenter: Sr. Helena Burns, fsp

To see the poster [click here](#)

The Book of Isaiah

- Catholic Bible Study
- “A Prophet for our Times!”
- Presented by Deacon Brian Du Quesnay
- Tuesday evenings 7:30pm to 9:30pm; Sept. 16th to Dec. 9th, 2014
- Merciful Redeemer Parish, 2775 Erin Centre Blvd., Mississauga, ON L5M 5W2.

All are welcome to attend. Registration required, call Rosie Uy at 289-997-6778 or send an email to ruy2930@gmail.com (Subject: Bible Study Fall 2014)

Branches Catholic Ministries, who recently sponsored film screenings of the new epic motion picture Mary of Nazareth in Southwestern Ontario, will be hosting a fall conference on September 27-28, 2014 at the Scotiabank Convention Centre in Niagara Falls, Canada.

Regenerate(d) 2014

Regenerate(d) 2014

Will feature dynamic talks from renowned Catholic speakers including Jeff Cavins, Michael Coren, Matthew Leonard, Fr. Mitch Pacwa, and Ken Yasinski as well as musical performances by Marian Grace and the Glory Collective. The conference will begin with an address by Most Rev. Gerard Bergie, Bishop of St. Catharines and this year's main celebrant and homilist.

September 27-28, 2014

Scotiabank Convention Centre

6815 Stanley Avenue

Niagara Falls, Ontario L2G 3Y9 Canada

Contact: melissa@go2branches.com

The Faith Explained Conference 2014

The Faith Explained with Cale Clarke

Saturday, September 27, 2014 from 9:45 AM to 4:30 PM (EDT) Markham, ON

You're invited to an inspiring day at The Faith Explained Conference! Grow in your faith alongside other believers.

Listen to inspiring talks by Cardinal Thomas Collins, Dr. Craig Evans, and Cale Clarke, Director of The Faith Explained.

You won't want to miss this! Please print off and bring your ticket to the event. Tickets required for admission.

Have questions about The Faith Explained Conference 2014? Contact

Saint Justin Martyr Catholic Church
3898 Highway 7 East
Markham

The Faith Explained with Cale Clarke [click here](#)

Couples for Christ:
Gift of Life Conference

Session 1: Desire
Session 2: Design
Session 3: Destiny
Session 4: ...Special
Topics

Christopher West is Coming to Toronto

Let Me Love You

November 22, 2014

Canada Christian college

50 Gervais Drive, Toronto, Ontario M3C 1Z3

Ticket/person: **\$25.00** (+\$12 Workbook)

Mass at 8:30am to be celebrated by Rev. Fr. Ben Ebcas

For more information and ticket sales

please contact **Couples for Christ:**

905-209-7025 • cfcgolqta@gmail.com



www.tobinstitute.org

Theology of the Body Institute

October 5-10, 2014

Theology of the Body I: Head & Heart Immersion Course
with Christopher West
Quarryville, Pennsylvania

[Click Here](#) to register online

For registration information, please contact Tess Akre, Program Assistant:
takre@tobinstitute.org or 215-302-8200 ext.102

"The Theology of the Body Institute offers a unique environment for clergy,

religious, and lay faithful to experience the gift Blessed John Paul II left the Church through his Theology of the Body. Watch the video below for a more in-depth representation of the classes offered by the Theology of the Body Institute."

*From
Archbishop Charles
Chaput:*

"I believe that this event has the power to transform, in deeply positive ways, not just the Catholic Church, but our entire community. This meeting is a valuable opportunity for the City and the Commonwealth to welcome all those with a generous heart to be part of this community event."

World Meeting of Families – 2015

Archbishop Charles Chaput has confirmed that the Holy Father has accepted his invitation to the World Meeting of Families, taking place in Philadelphia in September of 2015!

SEPTEMBER 22-27th • 2015

On September 22-27, 2015!, Philadelphia will welcome the 8th World Meeting of Families, which is expected to draw a global audience. In June 2012, the 7th World Meeting, held in Milan, Italy, drew hundreds of thousands to the city with more than one million attending the Holy Father's Mass.

Since its inception by Blessed John Paul II in 1994, the World Meeting of Families has sought to strengthen the sacred bonds of family across the globe.

Please check back often for information on registering for the meeting and booking your stay in Philadelphia - [Click here](#)

More than 700 lay, clergy and religious, representing 60 ministries and organizations in 12 countries, attended the July 9-11 congress seeking greater understanding of the teaching and ideas for better implementing it in 50 dioceses

Congratulations to Rev. Alan Boisclair, Coordinator, Theology of the Body Ministry, Archdiocese of Vancouver, BC – for pioneering achievements in the

Theology of the Body Congress - Wrap-Up

We attended the Theology of the Body Congress in Philadelphia in July. We thoroughly enjoyed it, as we met many speakers we had previously either only heard on DVD or read their books. For example,

Janet Smith – talk on Theology of the Body for the Elderly

Dr. Edward Sri – I have a signed copy of his newest book, *Walking with Mary: A Biblical Journey from Nazareth to the Cross*

Brian Butler – It was great to talk with him as we use his ToB for Teens books

Christopher West – Proclaiming the Joy of the Gospel with Theology of the Body: John Paul II, Pope Francis, and the New Evangelization

Some follow-up remarks online:

- **John Paul II taught that 'the body matters,' priest says**
By Matthew Hadro – to read the article [click here](#)
- **Theology of the Body: 'The Good News That the Church Has**

teaching of the Theology of the Body through a dedicated diocesan office.

Let's pray that the Archdiocese of Toronto consider opening a ToB Office here.

for the Modern World'
TOB Congress Shows How St. John Paul II's Teaching Applies to Everyone by SUSAN KLEMOND to read the article [click here](#)

- **Only God can satisfy deepest desires of human heart, speaker says**
Catholic News Service – to read the article [click here](#)
- **Theology of the Body teaches authentic love, sexuality** By Sarah Hinds/Catholic News Service – To read the article [click here](#)
- **Theology of the Body Congress A Huge Success** by Dr. Greg – To read the article [click here](#)
- Theology of the Body is gift for the entire Church – Emmanuel Radio – to read the article [click here](#)
- *To see some videos* [click here](#)
Missed the ToB Congress – Purchase Audio Recording
- *To purchase any of the talks or all of the talks* [click here](#)

rcspirituality

*Regnum Christi
Spirituality Center*

rcspirituality.org

*To sign up and watch
the video* [click here](#)

Food For the Journey

A Retreat Guide on the Sacrament of the Eucharist

God's plan for the human family was disrupted by eating. When Adam and Eve ate the forbidden fruit, they betrayed their friendship with God, losing the only source of lasting happiness, and put the whole world under the influence of evil.

Eating the forbidden fruit also introduced death into the human family, because original sin also cut us off from God's gift of the Tree of Life. So there you have it: God's plan for us was messed up by eating. But God drew up a plan to restore that lost friendship and renew the lost promise of eternal life. And, in a wonderful stroke of divine wisdom, this plan of restoration also involves eating.

Since the original Tree of Life was off limits after original sin, God came up with a brilliant alternative: he planted a new Tree of Life in the midst of our fallen world. That was the mission of Jesus Christ, who suffered for our sins and reversed Adam's disobedience by lovingly dying on the cross.

To access the Retreat Guide [click here](#)

*Ignitum Today
The Social Network of
the New Evangelization
Generation.*

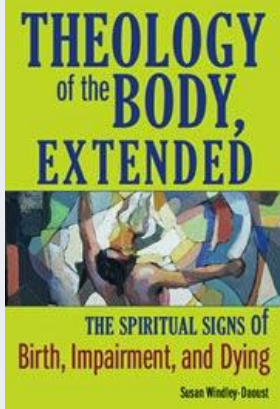
A Woman's Guide to Understanding Men: Part II

"Well, congrats, you made it through the first one, and by the looks of things, you may be slightly curious to see what's coming up next in this series. In case you missed the first one, check it out [here](#). In this article, we are going to look further inward and take a look at the male brain. Yes, ladies, contrary to popular belief, men have functioning brains. We're also

going to take a look at the hormones that course through a man's veins. And again, just because our hormones don't follow the course of a roller coaster in a theme park every five minutes, doesn't mean that we men don't have them, and not just...ahem...one hormone either. So let's dig in.

I think you'll find this interesting. You need to know that I'm not expert, and the way I'm going to describe the brain may cause brain damage to an actual neurologist. I find that I need to think about things and break them down in a way that I can actually understand them. Sometimes it sounds like a preschooler. Anyways, before I further digress prior to actually getting to the point, think of the brain as a big squishy pile that is divided into two halves, or hemispheres. I think I can reasonably assume that you've all at least seen a picture of the brain or at least have access to Google. Each hemisphere of the brain controls different motor functions, processes different emotions, etc. There is a bridge in the middle of the two hemispheres that not only acts as a physical connector between the two hemispheres, but it is a channel for communication between them. It is called the corpus callosum."

To read the rest of the article by Chris Ricketts [click here](#)



Recommended Reading

Theology of the Body, Extended

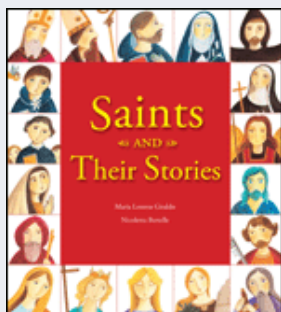
By Windley-Daoust, Linda Wolf and Susan Goldberg

Review by Bethanie Ryan

"In birth, impairment and death, we might not feel particularly close to God or even that God cares about our suffering, but we are still signs of spiritual Truth. We are still dependent on community and we can still help others. We are still signs of a Trinity of love and eternal gift. When we are in these three life transitions, we are giving part of ourselves and we are learning about sacrifice. We are called to be open to God and to others. We are called to be like Christ for others and others are called to be like Christ for us. This book shares all of those truths and many more. Parts of the book that I thought would be difficult for me because of my life experiences ended up not being difficult at all. She looks at all of these issues from many different points of view. Her definition of impairment is much broader than I'm used to, but she explains why to my satisfaction."

To read the whole review [click here](#)

What a good idea!



From [Pauline Bookstore](#)

Donate Catholic Books to Catholic School Libraries

Saints and Their Stories
by Maria Loretta Giraldo

“This sumptuously illustrated collection of informative and entertaining stories introduces young readers, to eighteen popular saints: St. Ann, St. Joseph, St. John the Baptist, St. Peter, St. Paul, St. Cecilia, St. Helen the Empress, St. Lucy, St. Ambrose, St. Augustine, St. Benedict, St. Francis, St. Anthony of Padua, St. Catherine, St. Rita, St. John Bosco, St. Bernadette, and The Archangel Gabriel.

This book includes a presentation page, making it an ideal gift for First Communion, birthdays, and favorite saints' feast days.”

Ages 7-10.

Author Maria Loretta Giraldo was born in Padua, Italy. She has written numerous rhymes which appear in many elementary school reading books. Ms. Giraldo's fables and stories are featured regularly in the Messenger of Padua. With Nicoletta Bertelle she has published several books.

Peter's Points to Ponder

St. Joseph's Health Centre 30 The Queensway (Education Centre A, #1B 105A), Toronto - Initial presentation: 1st Tuesday, each month at 8 p.m.

St. Patrick Church 921 Flagship Dr., Mississauga - Initial presentation: 2nd Thursday, each month at 8 p.m.



toronto.naturalfamilyplanning.ca

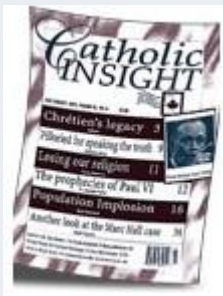
The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings

Mary of the People Church 570 Marion Ave., Oshawa - Initial presentation: 2nd Tuesday, each month at 8 p.m.

Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.

as outlined in Humanae Vitae . We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.



Catholic Insight

Consider subscribing to Catholic Insight, the magazine for Canadians who would like to deepen their knowledge of the Faith and to discover the authentic teachings of the Catholic Church.

To view articles or subscribe go to www.catholicinsight.com

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

God, Sex and the Meaning of Life Ministry

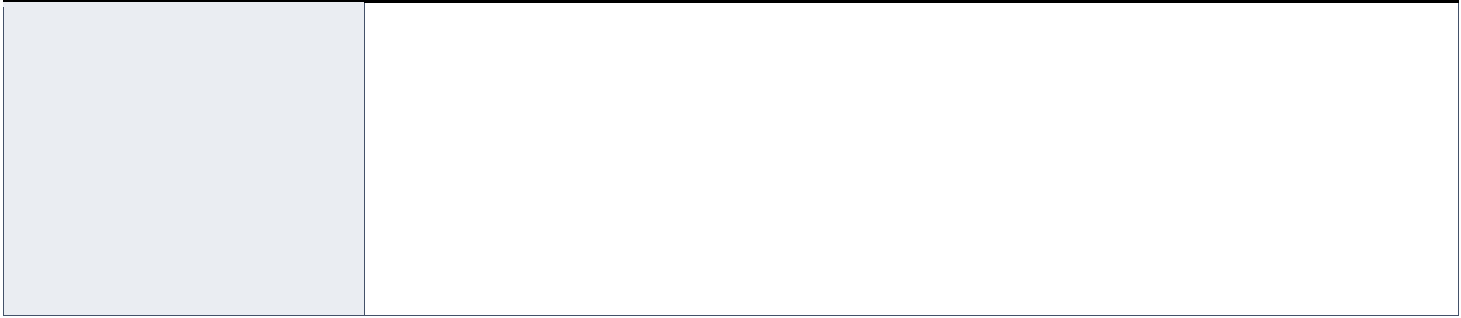
Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthmeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval



To unsubscribe to this newsletter, reply back with this email to gsmlministry@gmail.com with unsubscribe in the body of your email.