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God, Sex and the Meaning of Life

SEPT 2013

VOLUME 33

Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from (9:30 - 11:30) at St. Bernadette's Parish Hall, 21 Bayly St.

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Book a Theology of the Body for Teens Workshop for the Year of Faith





Pope Benedict XVI proclaimed the Year of Faith, which began on October 11, 2012, and will continue through November 24, 2013..

A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.

Contact:

gsmlministry@gmail.com

We are training several volunteers at the ongoing *Theology of the Body for Teens workshops*. These interested people will take the program back to their own parishes.

Consider holding a *Theology of the Body for Teens* workshop at

GSML News

Theology of the Body Study Group

Every Monday morning at St. Bernadette's Parish Hall, 21 Bayly St. E, Ajax from 9:30 am to 11:30 am.

We will be studying a new book, *Theology of the Body for Every Body*, by Leah Perrault. If you are interested in joining us please contact us to order a copy, price approximately \$12.00 Contact us at gsmlministry@gmail.com

Everyone welcome. Bring your questions on Catholic Faith.

Theology of the Body for Teens

It is not too late to arrange a Theology of the Body for Teens program for your high school. Not only do the students learn Catholic Morals, the teacher also has an opportunity to learn about the Theology of the Body. This program goes for 12 weeks and we are willing to present at all four periods which allows another teacher to benefit from this curriculum.

Theology of the Body for Teens will help students understand the meaning of their lives. It will answer the questions they have about their own bodies, about the Church's teachings on sexual morality, and how they were created for greatness. This curriculum will help them to unlearn the misguided teachings of the modern culture and provide them with the very key to life—the key to happiness and peace. It will help them discover the ultimate purpose for which God created them—communion with him.

We have used this program in grades 9, 10, 11 and 12. In some cases we have presented to two classes at a time. We have been invited into 3 different high schools, and in one we returned the following year.

If you would like to arrange a Teen Workshop in your parish or school please contact our youth leaders, Rose and Pat Heron, at roseheron@gmail.com or Rose Heron 905-683-9055 or gsmlministry@gmail.com

Here are a few comments from some of the teens who have participated in this course:

- I really enjoyed the lesson about dating and how to treat women. I can't thank you enough!
- I especially enjoyed the Dating and Marriage Chapters. I learned a lot about how to act and treat others in the future.
- You taught me so much but the bigger and most important lessons are the difference between loving and using, that dating is really looking for a spouse, and that it is important to find a boy who will love me no matter what, not try to change me, and treat me how I should be treated. ... I shouldn't be dating him if I can't see myself marrying him.
- Without the help and guidance from you, I would not have understood

your parish in order to learn how to facilitate it.

"Every human person has an innate longing for union with Christ, "be it explicit or hidden," the Pope said. That yearning, however, can be "anesthetized" by material desires and ambitions, he said. The Pontiff advised the members of his audience to examine their desires, and to be mindful of the Lord's words: "for wherever your treasure is, that is where your heart will be too." *Pope Francis from [Catholic World News](#)*

God's call fully... I have perceived life in a new light...

Theology of the Body for Grades 6,7 & 8

At present we are facilitating this wonderful program at St. Bernadette's Parish, 21 Bayly St. E., Ajax, once a month, after the 5:00 pm Mass.

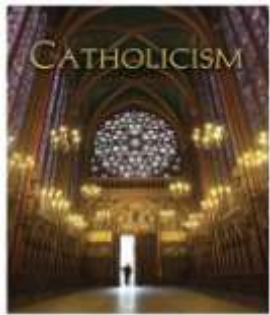
Oct. 5, 2013 Sex, Love, and Chastity

Nov. 2, 2014 To Use or Not to Use? That Is the Question

If you are interested in this new program, please contact us at gsmlministry@gmail.com

Theology of the Body and Marriage Preparation

Our Facilitators are ready to speak about Theology of the Body and Marriage Preparation. Contact us to arrange this talk at your parish Marriage Preparation Course.



Session Eight – Sept. 28

A Vast Company Of Witnesses - The Communion Of Saints

Session Nine - Oct. 26

The Fire Of His Love - Prayer And The Life Of

Catholicism

**By Fr. Robert Barron
DVD series with discussion**

DATES: Every 4th Saturday **next two Sept. 28 & Oct. 26, 2013**

TIME: 10:00 am to 11:30 am (doors open at 9:30)

LOCATION: St. Bernadette's Parish Hall, 21 Bayly St. E, Ajax

COST: Free (please register)

REGISTRATION: stbreg@gmail.com

You do not have to attend all sessions to enjoy this series

Catholicism Dates

Sept. 28, 2013; Oct. 26, 2013; and Nov. 23, 2013

Sept. 28 - A VAST COMPANY OF WITNESSES - THE COMMUNION OF SAINTS

The Spirit

These sessions are free and truly inspiring.

The story of the Church is told in the examples of those men and women who dedicated their lives to knowing and serving Jesus Christ. The Catholic Faith is made visible in real human lives.

Father Barron gives consideration to some of the Church's greatest heroes, and demonstrates how their extraordinary examples display both the passion and creative potential of the Catholic Church. Highlighting Katharine Drexel, Therese of Lisieux, Edith Stein, and Mother Teresa of Calcutta, Father Barron tells the story of the Church as a vast company of witnesses who are called by Christ to be a Communion of Saints.

Oct. 26 - THE FIRE OF HIS LOVE - PRAYER AND THE LIFE OF THE SPIRIT

In this lesson, Father Barron explores Catholic spirituality, which is centered on prayer. As the Catechism of the Catholic Church states: Prayer is the lifting up of the mind and the heart to God.

On pilgrimage to the places where the great saints and spiritual masters lived, Father Barron explores the different types of prayer: contemplation; adoration; petition; and intercession. In telling the stories of Catholics like Thomas Merton, St. Theresa of Avila and St. John of the Cross, Fr. Barron demonstrates how the human person can be transformed through prayer that manifests a deep, spiritual commitment centered in Christ.

For more information on the series go to: www.catholicismseries.com

To better understand JPII writings we have decided to include summaries of the ToB.

GENERAL AUDIENCE OF 10 October 1979

The Pope continued his series of talks on the creation of man

"When Christ referred to the "beginning," he asked his questioners to go beyond, in a certain sense, the boundary which in Genesis passes between the state of original innocence and that of sinfulness, which started with the

MEANING OF MAN'S ORIGINAL SOLITUDE

Pope John Paul II

Summary of the Fifth Audience by Tom Kennedy

The Pope starts this audience by saying that to understand the meaning of the ancient texts Christ talked about, we must go beyond the "beginning" and the indissolubility of marriage, and look at both versions of Genesis in a much broader sense, and to do this we will start with "the meaning of man's original solitude".

In the second creation account, God said "It is not good that man" (in this case the male) "should be alone. I will make a helper fit for him." (Gen 2:7 known as the Yahwist creation account). This came before the account of the creation of the first woman NOTE. The first man (*adam*) is defined in the Bible as a "male" (is) only after the first woman was created. This confirms that "man" before the creation of woman meant "human", but after creation the word used for the male human was "is". When the bible speaks about solitude of "man", it means male and female, not just male.

This means then that "solitude" has two meanings, one deriving from man's (male and female) nature, and the other from the male - female relationship. Genesis 1 ignores this by stating that man is created in one act" male and female he created them". By man's nature, we mean man's understanding and knowledge of who and what man is. By creating the animals and birds and bringing them to man to see what he would call them, God forces man to examine himself. Man becomes

original fall.....”

To read the Audience [click here](#)

aware that he is superior to the rest of creation, and that he cannot consider himself the same as the rest. This means that man is aware that there is no other like him, that he is alone. This is the first meaning of original solitude. This is a positive aspect of humanity. Man now has knowledge of himself in relationship to the rest of creation, and finds himself above the rest.

“But for the man” (male of the species) “there was not found a helper fit for him”. This was the negative aspect of humanity in a way – the second meaning of original solitude, the male – female relationship. It is at this point, with the creation of woman, that this solitude ended, but the first solitude of man (both male and female) still existed. They were still the only humans in creation, and were aware of their unique and superior status. They are now persons.

From the Archdiocese of Toronto Blog for Aug. 2, 2013

www.archtoronto.org/

Cale Clarke speaks on the Theology of the Body.

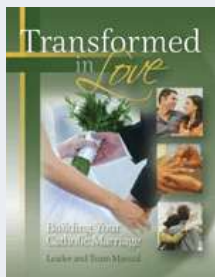
You can contact him on his website at [Click Here](#)

Faces of Our Faith: Cale Clarke, Director of The Faith Explained Seminars & Lay Pastoral Associate

Briefly describe the work you do at St. Justin Martyr Parish and your initiative The Faith Explained.”

The Faith Explained Seminars and *TheFaithExplained.com* grew out of a series of parish talks I had given that had a tremendous turnout. From the overwhelming response, I realized there was a crying need for this type of ministry in the Catholic community at large. I was teaching people how to explain and defend their faith against the onslaughts of secularism, atheism, and even from attacks by other faith-based groups that misunderstand the teachings of Catholicism. I also teach about things like the Theology of the Body and how to understand the Bible. A great benefit of this training is that it helps Catholics to keep their friends and family members Catholic - people who may have been thinking of straying. Of course, these talks also help people bring home the "lost sheep" who have already left. As a "re-vert" to Catholicism myself, someone who left the church and came back, I think I understand what these people and their families go through. To read more : [Click here](#)

Cale Clarke is the Lay Pastoral Associate at St. Justin Martyr Parish in Unionville and the Director of the Faith Explained seminars



Marriage Prep and Theology of the Body

New Catholic marriage prep program incorporates Theology of the Body in an effective and attractive way, helping couples get off to a really good start in their sacramental life together:

For more information [click here](#)

You might also be interested in their blog - [click here](#)



Theology of the Body Institute Online Store

Bags, Water bottles, Coffee Mugs and T-Shirts.

To see the items [click here](#)

store@tobinstitute.org

479 Thomas Jones Way, Suite 100
Exton, PA 19341
(215)302-8200 x 102



Amazing video by Yale scientist visualizes fetal development from conception to birth

BY PETER BAKLINSKI Wed Nov 23, 2011

Alexander Tsiaras, Chief of Scientific Visualization in the department of Medicine at Yale University, employs new kinds of visualization technologies to view the human body.

What he has discovered, he says, "just made you marvel." To read more or see the Video [click here](#)

www.lifesitenews.com

Padre Pio and the Theology of the Body

By Monsignor John Esseff



September 23rd marks the feast day of St. Pio of Pietrelcina (Padre Pio) canonized by Blessed John Paul II and the forty-fourth anniversary of his death. I would like to offer a reflection on how the Theology of the Body relates to the body of Padre Pio.

When I studied *Mystici Corporis* (On the Mystical Body of Christ) by Pope Pius XII, I was on fire and consumed with the idea of being in Christ, of being Him in the world among my fellow men and women. Six years after I was ordained, on the exact anniversary of my ordination, being one with

His Mystical Body, I was gifted a trip to Rome by my parishioners. A friend of mine, Father Robert Galligan, and I left Pennsylvania, where we were both priests of the Diocese of Scranton, and we flew to Rome. During that trip, I had extraordinary experiences of grace. I had hoped that while I was in Italy I might see Padre Pio, a man I knew little about except that he had the stigmata. In Rome, we then took a rapido to Naples and from Naples we went by bus to San Giovanni Rotondo, the monastery where Padre Pio lived on the Adriatic Coast. ... to continue reading [click here](#)



Detox CD

By Jason Evert

Within every heart is a battlefield between love and lust. In this presentation, Jason Evert discusses the strategies necessary to win the war and uproot the vice of pornography once and for all. Jason is an internationally known Catholic author and speaker. He has spoken to more than one million people around the world and is the author of more than a dozen books, including *Pure Manhood* and *Theology of His Body*. This talk is proudly presented by Lighthouse Catholic Youth.

For more information [click here](#)

Philadelphia to host the 8th World Meeting of Families

On September 22-27, **2015**, Philadelphia will welcome the 8th World Meeting of Families, which is expected to draw a global audience. In June 2012, the 7th World Meeting, held in Milan, Italy, drew hundreds of thousands to the city with more than one million attending the Holy Father's Mass.

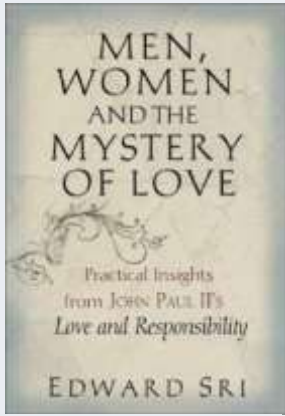
Since its inception by Blessed John Paul II in 1994, the World Meeting of Families has sought to strengthen the sacred bonds of family across the globe. Each World Meeting of Families has a theme, which aims to emphasize the good news of the family and highlight its intrinsic value to the good of society. The theme for the 2015 World Meeting of Families will be forthcoming.

Please click the link below for information on registering for the meeting and booking your stay in Philadelphia.

For more information [click here](#)

Recommended Reading

Men, Women and the Mystery of Love: Practical Insights from John Paul II's Love and Responsibility



by Edward Sri

Edward Sri is a gifted teacher and an equally talented writer. This book shows why. He breaks open Karol Wojtyla's great text, *Love and Responsibility*, in a way that's clear, engaging and very practical for the challenges of daily life. --Charles J. Chaput, O.F.M., Archbishop of Denver.

Also a twenty minute talk by Edward Sri on YouTube: [Click Here](#)

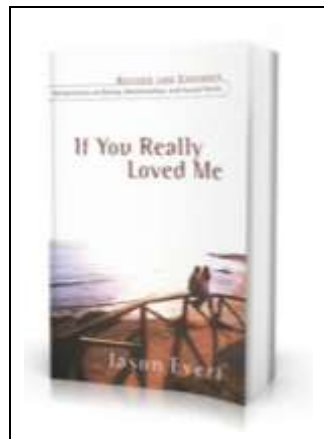
EDWARD SRI, S.T.D., is associate professor of Scripture and theology at the Augustine Institute's master's in evangelization and catechetics program in Denver, Colorado. He wrote the Catholic best-seller, The New Rosary in Scripture. He speaks regularly on the Catholic faith. He and his wife, Elizabeth, are parents of four children.

What a good idea!

Donate Catholic Books to Catholic School Libraries

If You Really Loved Me: 100 Questions on Dating, Relationships, and Sexual Purity

By Jason Evertt



Teens will find this book a useful guide to starting a relationship, deciding one's vocation, one day finding a potential spouse, and maintaining purity - without forsaking love. This book will give parents and educators new insights to help teens know the difference between love and lust. They may even look at their own lives differently, because as Evert explains, chastity is not only for singles; married couples must practice this virtue as well.

"Faith, in its deepest essence, is the openness of the human heart to the gift: to God's self-communication in the Holy Spirit." - Blessed John Paul II.

Peter's Points to Ponder

The famous "Prayer of St. Francis" starts with the words, "Lord, make me an instrument of your peace. Where there is hatred, let me sow love ...". For Pope John Paul II, these words were not merely a song to be sung during a Mass, they were the mission of his life and pontificate.

Growing up in communist Poland, the late Holy Father would have witnessed first hand the devastating effects of World War II. Krakow, unlike most Polish cities, was not completely destroyed. Nevertheless, everyone would have lived in fear

that it, too, could be ruined like Warsaw or Gdansk ~~was~~. Additionally, not far from Krakow is the site of Auschwitz where the stench of death would have lingered in the air. ~~and~~ As a seminarian studying underground, Karol Wojtyla (later John Paul II) could have been sent to the concentration camps, had his clandestine studies ever been discovered. The Nazi's, and later the Communist Russians, wanted to ruin everything that was important to the Polish people, including their Catholic faith.

Yet, in all of the destruction and hatred around him, John Paul II never accepted anything less than the dignity owed to every human being. Where there was immense hatred, John Paul II stood up and challenged everyone to love. Where there was doubt and despair, John Paul II stood up and, at his inagural homily at the start of his Petrine Ministry, said, "Do not be afraid. Open wide the doors for Christ. To his saving power open the boundaries of States, economic and political systems, the vast fields of culture, civilization and development. Do not be afraid." John Paul II knew that there was a better life than destruction and, through his unending belief in the dignity of the human person, worked hard to see the end of the communist rule in his beloved Polish homeland. John Paul II accomplished all of this (and more) through love in Jesus Christ, the Pope knew the answers to ending the communist regime did not lie in bullets and fighting, they were to be found in love, as only love can be the true cure to hatred.

The recent announcement of John Paul II's Canonization stands to remind us all the more that love is the answer to the hated - a love founded in Jesus Christ.

St. Joseph's Health Centre 30 The Queensway (Education Centre A, #1B 105A), Toronto - Initial presentation: 1st Tuesday, each month at 8 p.m.

St. Patrick Church 921 Flagship Dr., Mississauga - Initial presentation: 2nd Thursday, each month at 8 p.m.

Mary of the People Church 570 Marion Ave., Oshawa - Initial presentation: 2nd Tuesday, each month at 8 p.m.

Fertility Awareness for Gr. 9-10 girls

Our goal is to educate young girls about their fertility; to teach the value of fertility; to motivate them to protect their fertility; and to provide support for chastity.

Call NFPA office at (416) 481-5465 to arrange this program in your school.



www.naturalfamilyplanning.ca/toronto

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in *Humanae Vitae*. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.



Catholic Insight

Consider subscribing to Catholic Insight, the magazine for Canadians who would like to deepen their knowledge of the Faith and to discover the authentic teachings of the Catholic Church.

To view articles or subscribe go to www.catholicinsight.com

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God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthemeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

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