

If you received this twice, please accept our apologies. If the Newsletter does not appear as it should please go to our Website at <http://www.godsexandthemeaningoflife.com/Newsletters.html> - click on Volume 15 - to view the document.



## God, Sex and the Meaning of Life

SEPTEMBER 10, 2010

VOLUME 15

**Note:** Email [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to book a Workshop for your Parish or Group we are now taking bookings for the fall and 2011..

### GSML Workshops

#### Book Your Workshop Now

We are planning Workshops and events for the fall of 2010 and early 2011. Also, if your parish is interested in a Theology of the Body Workshop for Lent, please contact us at [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to book yours while there are still dates open. We offer a variety of workshops, for adults, teens, parents, and teachers and can adapt to meet your group's needs and interests. Don't hesitate to enquire about various workshops. Our workshops are free and led by qualified facilitators.

We continually receive requests from parents for tips and material on helping their children move through the difficult years to and through the teens. We do offer a workshop designed to equip parents with this task -

#### **Guiding Your Child Through the Sexual Minefield: Theology of the Body Toddlers to Teens** - A Workshop for Parents, Grandparents and Teachers

We have had a number for requests from parents to run this workshop again. and we are very interested in doing so. We have two workshops. One is approximately 2 ½ hours, the other is a full day. Both use a DVD by Katrina Zeno, followed by facilitator lead small group discussions. Many people comment on the small group discussions, finding them to be a very important part of the workshop.

This workshop would be suitable for a Primary School Parent Council, or for parents and care-givers within the Parish community. If your school or community is interested in this Workshop, please contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

New members always welcome

#### GSML Events

### ToB Study Groups

Presently, we are running two at St. Bernadette's Parish at 21 Bayly St East Ajax

- Every Monday Morning from 9:30-11:30
- Every 2nd & 4th Monday evening from 7:00-9:00.

Both Study Groups commence on Sept. 13, 2010

For more information contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

Come and learn more about the Theology of the Body and how it applies to your daily life.



**Early notice**

**Mark your calendar**

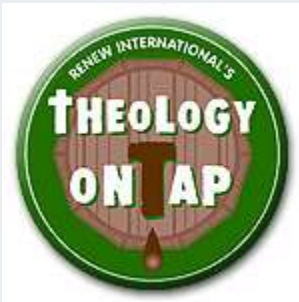


## Guiding Your Child Through the Sexual Minefield: ToB from Toddlers to Teens

When: Oct. 30, 2010  
Where: Saint Matthew Parish 1150 Monks Passage, Oakville, Ontario,  
Time: Full Day  
Cost: To be determined

The workshop consists of video presentations by Katrinz Zeno and small group discussions. It is for Parents, Grandparents, Teachers, all who work with children based on John Paul II writing on how to counteract the false messages about love and sex in our culture.

To find out more information or further details go to:  
[www.godsexandthemeaningoflife.com/FindAWorkshop.html](http://www.godsexandthemeaningoflife.com/FindAWorkshop.html) -more information will be posted as it becomes available. Contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)



## Faith Connections - Theology on Tap: Theology of the Body in Relationships

*Special guests: Leah Perrault and Brett Salkeld, authors of How Far Can We Go? A Catholic Guide to Sex and Dating.*

*Join us for an evening of thought-provoking conversation on theological topics! Munchies provided, cash bar available - come and bring a friend!*

Event Date(s)	20-Sep-10
Event Time	19:00 to 21:00
Price	<b>Free</b>
Address	<b>Duke of York Pub</b> - 39 Prince Arthur Ave, Toronto, ON M5R 1B1, Canada

**More info:** <http://www.faithconnections.ca/event/2010/2991-theology-on-tap-theology-of-the-body-in-relationships>

## Called to Love Conference

September 16-18, 2010 - Washington, DC

We are delighted that Mr. Anderson and Fr. Granados will be with us to open the conference, and that the theater troupe Theophany will present John Paul II's thought in a particularly vivid way: through a rendition of *The Jeweler's Shop*, the pope's play about marital love. It is our hope that this seminar will afford those in attendance a fruitful period of meditation and conversation about the mysteries at the root of our common work to build a "culture of life" and a "civilization of love" (*Evangelium vitae*, 21, 27).

PLEASE REGISTER BY SEPTEMBER 3, 2010

For questions, please contact [ccpr@johnpaulii.edu](mailto:ccpr@johnpaulii.edu) or 202-526-3799.

For more information, <http://www.johnpaulii.edu/publications/detail/called-to-love-conference>



*A Conference for Diocesan and Parish Leaders and Educators on John Paul II's Theology of the Body*

**Christopher West**  
is definitely coming  
to Toronto!



Couples for Christ sponsors "FREEDOM TO LOVE" Conference, featuring the internationally known speaker, Christopher West, who will talk about applying Pope John Paul II's "Theology of the Body" to life & relationships

Saturday, November 13, 2010, 8AM - 6PM  
Canada Christian College  
50 Gervais Drive, Toronto, ON  
Cost: \$40  
Registration is now open

Call CFC at 416-573-2996

Go to [cfcontario.ca/2010cfcprolife/](http://cfcontario.ca/2010cfcprolife/) for more information or to register online



A Weight Loss program  
written from the Catholic  
perspective.

If you are interested in  
losing weight using the Bible  
and Catholic teaching then  
contact us at  
[gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

***P.S. you don't have to be  
Catholic to attend.***

## Light Weigh

The Light Weigh is a 12 week Video Series - Bible Study where you will learn a new approach to eating and to prayer. Light Weigh members learn to eat the foods they enjoy in moderation. The Light Weigh is an international program running the United States, Canada, Ireland and Australia. All Light Weigh groups use the same format.

We will be having an Information session  
ON: Tuesday Oct. 12 starting at 10:00 am  
AT: St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax, ON

The Light Weigh Program will start on Tuesday Nov. 9, running for 12 weeks finishing on Feb. 8. (No meeting Dec. 21 & 28) from 9:30 - 11:30 am

Cost: \$100 - (includes materials)

For more information about the program go to: [www.lightweigh.com/](http://www.lightweigh.com/)

Contact us if you are interested in this program. [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)



## Online Study Group

**The group will study  
John Paul II's book  
Love & Responsibility**

## ToB Study Group with Fr. Thomas Loya

This Internet Study Group will meet every 2nd Saturday of the month (September thru June)

10:30 am - noon (CST) which would mean it would start at 9:30 (ET)

**Join any time.** All welcome.

For more information call 312-346-4228. Join the ToB email list at  
[hburns@paulinemediacom](mailto:hburns@paulinemediacom)

Simply go to [www.ustream.com/channel/theology-of-the-body](http://www.ustream.com/channel/theology-of-the-body) to watch, or join the chat and ask your questions live. (past classes are archived)



Family and Life Renewal  
Ministry

## Theology of the Body Workshop for Adults

**The Family and Life Renewal Ministry (FLRM)** is hosting a series of sessions called the Theology of the Body Workshop for adults, married or single. The workshop will be held every Saturday night for 8 consecutive weeks starting October 2, 2010 from 7 – 9 pm in the seminar room of St. John of the Cross Parish at 6890 Glen Erin Drive in Mississauga.

The workshop consists of video presentations by Christopher West, a renowned Catholic writer and popular speaker on Theology of the Body, and an ample time for discussions based on questions taken from a Theology of the Body workbook. Admission is free. Please bring pencil and paper. Seating in the seminar room is limited, so we request those joining the workshop to register early. Please contact Jessica at 905-785-3127 or Francis at 416-805-1278 or email [FLRM@rogers.com](mailto:FLRM@rogers.com) if you require more information or would like to register.

## ToB Family Conference Ottawa

### Katrina Zeno to Speak in Ottawa

Friday, November 5 – Saturday, November 6, 2010

"Skimming the Surface of Theology of the Body" (Friday night)

All Day Conference for parents and teens (Saturday)

Location: St. Mary's Parish, Ottawa, Ontario, Canada

Contact: Rosemary Ballard

Email: [youth\\_stmarys@yahoo.ca](mailto:youth_stmarys@yahoo.ca)

More information will be follow later about this event

## The Fellowship of Catholic Scholars Conference

Saturday, October 16th at Loretto College School.

The theme is "Society and Science in the Catholic Church."

Some paper topics include, "The Story of Marie - Killing Newborns in Ontario Hospitals", "Mathematics Confirms God", an examination of Richard Dawkin's arguments. Presentations are usually 15 to 30 minutes in length followed by discussion.

If you are interested in sharing thoughts related to the conference theme, please contact Andrew Fuyarchuk by e-mail or phone [[afuyarchuk@hotmail.com](mailto:afuyarchuk@hotmail.com)] 905-409-1482.

Click on <http://groups.google.ca/group/ctg-group/web/society-and-science-in-the-catholic-church---conference>

**To see pictures and other information about the ToB Congress go to our Website [here](#) or [here](#).**

## Theology of the Body Congress

PHILADELPHIA, July 30 /Christian Newswire/ -- Joined by more than 50 priests and two Bishops, Cardinal Justin Rigali delivered a powerful call to action to attendees of the first National Theology of the Body Congress. He urged, "This Congress must not end. The contribution of the speakers and participants, the fruits of the seminars, discussions, and artistic performances must advance still further. This Congress must become a campaign of human and catechetical formation."

He called for the mining and proclamation of the rich content presented at the Congress "so that the next generation can continue to access and comprehend it." The National Theology of the Body Congress organized and hosted by the Theology of the Body Institute drew attendees from 10 countries and 39 U.S. states. They represented 111 dioceses. Two bishops, more than 50 priests, six deacons and dozens of other religious were among the more-than 450 attendees. Because the Congress sold out very quickly the Theology of the Body Institute offered live streaming during the Congress that attracted online attendees from 17 U.S. states, and 10 countries on five continents.

**Read Cardinal Rigali's full homily [here](#)**

## Theology of the Body: Why All the Hype?

### Cardinal Rigali Affirms Importance of John Paul II's Teaching

**By Genevieve Pollock**

PHILADELPHIA, Pennsylvania, JULY 30, 2010 (Zenit.org).- A growing number of people, including Cardinal Justin Rigali, are affirming the importance of the theology of the body, as evidenced by a national congress that concluded today.

At this National Theology of the Body Congress, the first of its kind, ZENIT asked Cardinal Rigali, archbishop of Philadelphia, to explain what it is about these teachings of Pope John Paul II that is so important.

"The theology of the body is actually a great gift," he said.

The cardinal affirmed that "the theology of the body is a theological explanation of what God has revealed in the Scriptures and in tradition of the great dignity of human flesh."

He continued, "It is spelling out in its completeness what we already have in the Gospel of St. John, where he tells us that 'the Word became flesh.'"

"God's plan was that his own Son would take on human flesh, would take on a body, the fullness of the human body, in order to teach us the meaning of the human body, and in that way to teach us the full meaning of our humanity," the prelate explained.

He added, "This is what the theology of the body is: Spelling out, in many details, God's plan for humanity, God's plan revealed in creation, when he created man -- male and female he created them -- all of this is God's plan."

The theology of the Body, Cardinal Rigali affirmed, "is an encouragement through an explanation, through a very good theological explanation."

He continued: "It is an encouragement to live according to God's plan for the human body, which has a purpose, which has a dignity; it has so much of a dignity that the Son of God took on human flesh."

"It is only when we realize that he took on human flesh," the cardinal noted, "that we are able to fully understand the meaning of the dignity of the human body." To read the rest of the article go to: <http://www.zenit.org/article-30044?l=english>

## SECOND SPRING

International Journal of Faith & Culture



### Theology of the Body

Gender as Sign of Trinitarian Love—*Stephen Caldecott*  
Spousal Nature of Feminine Beauty—*Mary Shivanandan*  
Childhood and the Grace of Original Innocence—*Stephen Milne*  
Virtues and the *Communio Personarum*—*Alan O'Sullivan OP*  
Mother and Child—*Léonie Caldecott*  
On the Ideal Basis and Fruition of Marriage—*Peter A. Kwasniewski*  
The Mission of Joseph—*Michael Kouyoumdjian*  
Reading Scripture with Benedict XVI—*Adrian Walker*

TWELVE

## Latest Issue of Second Spring Explores the ToB

by Thomas More College on August 5, 2010

The Thomas More College of Liberal Arts released this week the latest issue of its journal, *Second Spring: an International Journal of Faith and Culture*—dedicated to exploring the theology of the body from several perspectives..

For more information go to [www.thomasmorecollege.edu/blog/2010/08/05/latest-issue-of-second-spring-explores-theology-of-the-body/](http://www.thomasmorecollege.edu/blog/2010/08/05/latest-issue-of-second-spring-explores-theology-of-the-body/)

### Contents

1. Gender as Sign of Trinitarian Love - *Stratford Caldecott*
2. Spousal Nature of Feminine Beauty - *Mary Shivanandan*
3. Childhood & the Grace of Original Innocence - *Stephen Milne*
4. Virtues & the *Communio Personarum* - *Alan O'Sullivan OP*
5. Mother & Child - *Léonie Caldecott*
6. On the Ideal Basis & Fruition of Marriage - *Peter A. Kwasniewski*
7. The Mission of Joseph - *Michael Kouyoumdjian*
8. Reading Scripture with Benedict XVI - *Adrian Walker*

Copies of this issue can be ordered from their site at:

[www.thomasmorecollege.edu/books-lectures/shop/](http://www.thomasmorecollege.edu/books-lectures/shop/)

## Recommended Reading

### Parenting with Grace: Catholic Parent's® Guide to Raising (almost) Perfect Kids (2nd Ed.)

#### Why don't kids come with an instruction manual?"

Actually, they do. It's just most of us haven't figured out how to decipher it. But, help is here.

Now family therapist and parent Dr. Gregory Popcak, and his wife, Family Life Coach, Lisa Popcak reveal the guidance God offers every Catholic parent in *Parenting with Grace: Catholic Parent's® Guide to Raising (Almost) Perfect Kids*, a truly Catholic approach to parenthood & the ONLY parenting book that applies the Theology of the Body to parenting.

The unique perspective of *Parenting with Grace* combines orthodox theology with contemporary psychology to show parents:

- The twelve secrets to raising practically perfect children
- The nine weapons that wipe out every parent's worst enemy
- The five fabulous phases every child must go through
- The two essential differences between discipline and punishment
- And finally, the single most powerful parenting technique in the world

Laced with humor, practical examples, and thought-provoking quizzes, *Parenting with Grace* helps you discover your own God-given instruction manual for creating a highly individualized, completely Catholic parenting plan for your children. Check out the practical advice contained in *Parenting with Grace* and begin raising your own (almost) perfect children today!

We are in love with this book! *Dr. Bill and Martha Sears, authors, The Baby Book*

This book's "uniquely Catholic" approach to parenting combines vigorous relational advice with careful theology and plenty of good humor.--*Publisher's Weekly*



*Parenting with Grace* is a beautiful application of Pope John Paul II's Theology of the Body. It takes John Paul's vision of what it means to be human and shows how it can transform parenting into a grace-filled encounter allowing both parents and children to plumb the depths of God's plan for family life and love.--  
*Christopher West, Theology of the Body Institute.*

## “Push for Palliative Care; Prevent Euthanasia”

The deVeber Institute for Bioethics and Social Research

It will take place Thursday 30 September 2010, beginning 6:00 pm. at Huron House Restaurant, 1345 Huron St., London, ON

Your \$20 ticket includes: a catered roast-beef dinner buffet, including tea & coffee.

- Dr. L.L. deVeber is speaking on “A brief history of Palliative Care”
- Jean Echlin R.N. M.S.N. is speaking on “Client Vignettes in Palliative Care”
- Alex Schadenberg is speaking on “Current Political Trends in Preventing Euthanasia, and Pushing for Palliative care”.

TO ORDER YOUR TICKETS TODAY, please call Nathan Welch at 519 697 7276 and order your ticket immediately as seating is limited.

## Peter’s Points to Ponder

Throughout Sacred Scripture we find many references to love, including the first chapter of Genesis “God blessed them, saying: Be fertile and multiply; fill the earth and subdue it.” (Genesis 1:28). In the New Testament we also have what is arguably the most commonly quoted description of love from Saint Paul (1 Corinthians 13: 4-9) “Love is patient, love is kind. It is not jealous, [love] is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick tempered, it does not brook over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails.”

Love is patient! We also find references to this fact in pop culture, including the popular 1960’s song “You Can’t Hurry Love” (The Supremes) which says, “You can’t hurry love. No, you just have to wait. She said love don’t come easy. It’s a game of give and take. You can’t hurry love. No, you just have to wait You got to trust, give it time. No matter how long it takes.”

Today’s society is focused on instant gratification, and the need to have everything in the here and now – true love is contrary to many things in today’s society. Marriage (true love) requires patience to find the right person, and to develop a closeness that can last forever. With marriage comes an even deeper closeness and the tender embrace of husband and wife in the “One Flesh Union”. This too requires patience – the patience to wait until marriage.

In an attempt to “hurry love” we see many ill consequences including unwanted children (which leads to a higher abortion rate), and single parent families. Having the patience to wait for marriage also ensures that the sexual union is not self-seeking, as Saint Paul says “love does not seek its own interest” so as much as we may want to call it love – if it’s self-seeking it’s lust.

*“Masculinity and femininity are distinct, yet at the same time they complete and explain each other”*

- from *Man and Woman He Created Them*, 75:1

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

## Please keep GSML Ministry in your prayers

### Contact information

[gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

[www.godsexandthmeaningoflife.com/](http://www.godsexandthmeaningoflife.com/)

*God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval*

To unsubscribe to this newsletter, reply back with this email to [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) with unsubscribe in the body of your email.