

About GSML Ministry

God, Sex and the Meaning of Life Ministry, (GSML Ministry) was formed in 2006. Our ministry has presented over thirty Workshops on the *Theology of the Body* in many Parishes in the Toronto and Hamilton Archdioceses. As well, in the fall of 2009, we organized a Conference attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance.

We have held over eight *Theology of the Body for Teens* workshops and have been invited into many high schools to provide a session on the *Theology of the Body in the Classroom*. We have also held workshops for Parents.

God, Sex and the Meaning of Life Ministry is approved by The Archdiocese of Toronto.



Toronto's Cardinal Thomas Collins stated in *The Interim* "... *people [need] to study the teachings of John Paul II in the Theology of the Body... it's very important to popularize that, where the intense writings of the Holy Father are made more accessible to everybody.*"

God, Sex and the Meaning of
Life Ministry

www.godsexandthemeaningoflife.com

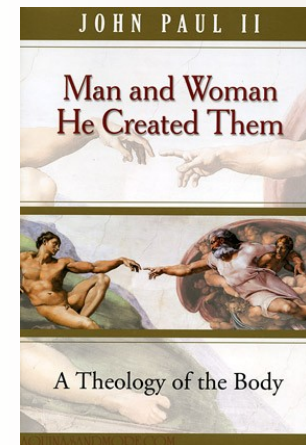
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God, Sex and the Meaning of life



GOD, SEX AND THE MEANING OF LIFE
MINISTRY

Theology of the Body

Theology of the Body Workshop

This workshop, for married couples, singles and celibates, male and female, young and old, is based on Christopher West's DVD talks in which he unpacks John Paul II's teachings, translating them into language everyone can understand. It explores the connection between sex and the questions of human existence.

Sex is not just an action; it's who we are as male and female.

Understanding why God made us "male and female" applies to every human being on the planet. It is a question about the meaning of our existence and the call to love, not only in marriage, but in all human relationships. Whether you are male or female, young or old, married, single or live the Religious life, **if you have a body, this workshop is for you.**

Comments:

- "Discussions and video. These helped to clarify answers about sexuality, the church and God for not only myself but in terms of answering questions posed by my high school students." (*Holy Redeemer - Pickering*)
- "Very informative & educational, fruitful, enlightening" (*Couples for Christ Workshop*)
- "The videos were excellent. The facilitators were very enthusiastic. Please spread this course". (*St. Lawrence - Scarborough*)
- "Extremely insightful. Completely opened up a new avenue of Christian morality". (*St. Lawrence - Scarborough*)
- "Fourth session was the best because I am married so could relate very personally to the topic. However, all topics were relevant and interesting, especially priestly celibacy and its history as an analogy of Christ and the Church". (*St. Bernadette - Ajax*)
- "Relaxed, informative – puts Theology of the Body in full perspective. Explanation of celibacy, lust, love, marriage – all put into perspective" (*St. Margaret Mary - Hamilton*)

About the Workshop

- Workshops are led by trained facilitators
- Facilitator-led small discussion groups
- Use of DVD and other resources
- Workshops can be full day, half day, or weekly for several weeks
- Can serve as Lenten Retreat
- Offered at a nominal charge
- Books and resources are offered for purchase by participants

"The world offers you comfort, but you were not made for comfort; you were made for greatness."

~ Pope Benedict XVI